



CERTIFICATE OF AUTHORIZATION

THE MINDFULNESS MEDITATION TEACHER CERTIFICATION PROGRAM

*A TWO-YEAR PROFESSIONAL TRAINING PROGRAM FOR TEACHING
AWARENESS AND COMPASSION-BASED PRACTICES*

WITH JACK KORNFIELD AND TARA BRACH

Karin Schwab

HAVING FULLY COMPLETED AND GRADUATED FROM THE MMTCP TRAINING
IS FORMALLY AND HAPPILY AUTHORIZED TO CARRY FORTH AND OFFER THE TEACHINGS OF
AWARENESS AND COMPASSION.

WITH ALL THE HONORS AND RIGHTS THAT COME WITH THIS CERTIFICATION
AND OUR HEARTFELT BLESSINGS AS YOU CARRY THE TEACHINGS FORWARD.

Jack Kornfield PhD

Tara Brach PhD